

Applying for Curricular Practical Training (CPT)

Please read the information below concerning Curricular Practical Training (CPT) to see if you are eligible.

- You must have been in lawful status as a full-time student for one full academic year.
- Training must be directly related to your major and an integral part of an established curriculum.
- Training may be part-time during the student's studies or full-time during vacations and holidays.
- Training is limited to 12 month maximum. F-1 students who engage in an aggregate of 12 months or more of full-time curricular practical training, however, become ineligible for optional practical training (OPT). The use of part-time CPT does not count towards the 12-months of full-time CPT "trigger" that eliminates eligibility for OPT. For example, 24 months of part-time CPT does not count as the equivalent of 12 months of full-time CPT, for purposes of determining eligibility for OPT...it is not counted at all.
- Example of CPT:
 - Employment offered under cooperative agreements between an employer and the university through a university cooperative education office, which is an integral part of the curriculum but not required either for a particular course or of all students, constitutes bona fide curricular practical training.

Follow these steps to apply for CPT

Please keep in mind that filing of the I-765 can take up to 3 months once it reaches the USCIS Service Center to be approved.

1. Discuss CPT's integral part in your program of study with your international advisor.
2. You must have the items below to apply for OPT:
 1. ____ CPT Recommendation letter completed by your advisor or instructor.
 2. ____ Class schedule showing the course you are enrolled in with conjunction to your training.
3. The International advisor will prepare an I-20 requesting CPT.
4. Student must sign the I-20!

I have read and understand the regulations concerning Curricular Practical Training and promise to abide by the regulations to maintain my immigration status.

Print Name _____

Signature _____

Date _____