Rules for All Intramural Sports

1. Safety first as you assume your own risk in participating.
2. Minimum of 3 entries to make an event.
3. Offensive language will not be tolerated.
4. No rough-housing allowed.
5. If you have ever suited up, scrimmaged with, played on a college level team, you cannot play in the corresponding intramural sport. You may play if you have not participated for one full year.
6. You are allowed 2 lettermen(someone who has played the particular sport at college level) in the sport on each team.
7. Failure to abide by these rules will result in one year suspension form the intramural program.
8. Games will begin promptly at the designated times.
9. All tournament schedules will be posted in the Noble Center directly following the sign up sheet deadline.
10. Each team must designate a team captain to represent their team at the team meetings and during the tournament. A mandatory captain’s meeting will be held before the beginning of play. Only team captains may converse with the officials during play.
11. All team meetings will take place at 3:00pm on the day designated for sign up sheet turn. If a player does not have their form turned in correctly, they will be removed from the team roster. No exceptions.
12. No player substitutions may be made after team rosters have been turned in. Exceptions: Injury, Withdrawal from classes.
13. All intramural games played in the Noble Center will follow normal Noble Center rules and regulations. It is the responsibility of all team members to be aware and follow the rules. Participants must present their ID at the front desk to enter the facility, no exceptions will be made.
14. All participants must return a completed liability waiver before he/she may participate in the OPSU Intramural program. All waivers are due at the captains meeting.
15. All university students and staff are eligible to play, excluding NCAA coaches.

These general rules are guidelines for all intramural sports. Specific rules for each individual sport are also available.