Oklahoma Panhandle State University
Activity Center
Operational Policies and Regulations

1. Use of the Activity Center is a privilege. Failure to comply with policies and regulations may result in revocation of the privilege.

2. Each person must present a valid OPSU I.D. or pay a daily fee for admittance into the facility.

3. Each person will enter and exit the premise through the East doors (main entrance). All other entrances will be used only in emergency situations.

4. The Director and his/her staff will have administrative responsibility for the operation of the activity building. Any person who abuses such personnel, through language or conduct, will be subject to disciplinary action.

5. Only those activities approved by the director will be permitted in the activity building. This includes requests for special use of the facility by any group.

6. Signs, posters, and decorations displayed in the activity building must be approved by the director.

7. The use of tobacco is strictly prohibited in the activity building.

8. Food and drink are allowed only in the designated areas.

9. Clean-soled athletic shoes must be worn when using the track, courts, and fitness areas. Street shoes are strictly prohibited! NO BLACK SOLED SHOES PLEASE!

10. Radios, tapes, CD players and similar devices may be used only with personal headphones.

11. Littering is strictly prohibited.

12. No pets, bicycles, frisbees, or skateboards are allowed in the activity center. Facilities will be used only for the activities for which they are designed.

13. All personal property and belongings must be properly stored when using the facility. Backpacks and other personal items should not be left unattended. Oklahoma Panhandle State University assumes no responsibility for lost or stolen items.

14. The safety of the Activity Center patrons is the first concern of Oklahoma Panhandle State University and its staff. Some of the activities in the Activity Center are inherently dangerous and participation in them may result in serious injury or even death. Patrons must acknowledge these dangers and risks and knowingly assume them when applying for use of the Activity Center.

15. Individuals are not allowed to solicit nutritional supplements, personal training, or network marketing products or services in the activity center.

16. The preceding operational policies are general in nature. Specific rules may be developed by Activity Center staff as deemed appropriate.

17. Camp sponsors must be present in the Noble Center at all times, and must be responsible for their campers to know and follow the policies and regulations set forth by the Noble Cultural and Activity Center.
Fitness area

1. **Proper athletic attire must be worn at all times:** this includes clean athletic shoes and shirts. No open-toed shoes are allowed. No jeans or other pocked pants or shorts are allowed.
2. Weight training equipment must be used properly in order to achieve desired results and preserve the equipment. Improper use of the equipment such as bouncing the mechanisms or dropping weights, will not be tolerated.
3. **Young people, ages 12-16, may use the equipment only under the direct supervision of a parent.** All children age 11 and under are prohibited from using the fitness equipment.
4. Only **clean athletic shoes** are allowed in the fitness area.

Swimming Pool Rules

1. Before swimming each person must take a **shower** with soap. Long hair must be contained either by a swim cap or tie device.
2. Proper swimming attire must be worn at all times. **Swim suits must be worn.** Only white fitted t-shirts will be allowed for additional coverage.
3. All posted rules must be followed.
4. **All children under the age of 12 must be accompanied by an adult over 18 years old.** (limit 5 children per supervisory adult)
5. **All children under the age of 8 must be accompanied in the water by a supervisory adult.** (limit 5 children per supervisory adult)
6. **Diving is strictly prohibited.**
7. Absolutely **no flipping or tricks** are allowed while performing pool entries.
10. Absolutely **no dunking** or other actions that may endanger swimmers are allowed.
11. No running on the pool deck.
11. If there is not a lifeguard on duty please, contact the front desk. **You may not enter the water without a lifeguard present in the pool area.**

Track

1. The track is an exercise area and may not be used by spectators. No stopping or standing on the track will be allowed. Clean-soled shoes must be worn on the track.
2. To promote even wear on the track surface, direction of use will be altered. Always travel in the designated direction.
3. The track is for running, jogging, and walking. Faster paced runners should use the outside lanes while slower walkers are encouraged to stay on the inside lanes.
4. There are strollers available at the front desk for check out. You may not bring a stroller into the facility.
5. Scheduled intramural tournaments have priority over recreational use.
Racquetball Courts

1. Courts are for the exclusive use of racquetball, handball, or walleyball. Other uses are prohibited.
2. Safety glasses are required for play and must be worn properly. Only non-scuffing balls are allowed. Only clean, non-scuffing shoes are allowed.
3. All racquets must be strung, constructed of non-wood material, and be equipped with a safety thong and bumper guard.
4. Courts may be reserved for one hour for use by two to four players. No back to back reservations will be allowed. Reservations may be made one day in advance. A reserved court will be open for walk-in use if not secured within five minutes of the scheduled time.
5. Scheduled intramural tournaments have priority over recreational use.

Lockers, Towels, Equipment

1. Designated lockers are available in the dressing rooms and may be locked daily. All locks must be taken off before closing each day. If locks are not properly removed, all locker items will be confiscated.
2. Designated lockers are available for semester rental: see the front desk for details.
3. Racquets and eye guards are available for rental at the front desk. All rentals must be returned to the front desk before closing each day.
4. Users must provide their own towel for showering and pool use.

Computer Lab Rules

1. No Food or Drink allowed.
2. Children under the age of 16 must accompanied by a supervisory adult of 18 years or older to use the Computer Lab. You may be asked to provide your drivers license for verification.