

Health & Physical Education (BS) Academic Option

General Education.....41

A. Language Arts9

ENGL 1113 Freshman English I..... 3

ENGL 1213 Freshman English II 3

COMM 1113 Speech Communication..... 3

B. Mathematics3

MATH 1473 Math for Critical Thinking **OR**

MATH 1513 College Algebra

C. History and Political Science.....6

POLS 1013 American Government 3

HIST 1313 American History 1492-1877 **OR**

HIST 1323 American History 1877-Present

D. Natural Science.....8

BIOL 1304 Principles of Biology4

Physical Science with a Lab4

E. Social and Behavioral Sciences.....6

*PSYC 2123 Psychology of Personal Adjustment..... 3

Economics Elective 3

F. Humanities6

*Choose 6 hours from the following areas: philosophy, humanities,
music appreciation, art appreciation, literature, intro. to theater, world
history, music history, world religion, others as approved by VPAA.

(Must include course work from two areas--No activity courses will count)

G. Additional Liberal Arts & Science Elective.....2

H. Freshman Orientation.....1

EDUC 1111 Student Success Seminar 1

*Required for HPER majors.

HPER (Academic Option) Course work.....	44
BIOL 2104 Human Anatomy	4
HPER 2003 Introduction to Mgmt. & Instruction in Physical Activities.....	3
HPER 2102 First Aid	2
HPER 2122 Care & Prevention of Athletic Injuries (pre-req HPER 2102)	2
HPER 2212 School & Community Health Programs.....	2
HPER 2222 Personal Health & Drug Awareness.....	2
HPER 2253 Foundations of Physical Education	3
HPER 3162 Evaluations of Physical Activities (pre-req HPER 2122)	2
HPER 3172 Adaptive and therapeutic Physical Education (pre-req HPER 2122).....	2
HPER 3262 Kinesiology (pre-req HPER 3162 & BIOL 3124).....	2
HPER 3693 Physiology of Exercise (pre-req HPER 3262)	3
HPER 4012 Skills & Techniques / Team Activities (pre-req HPER 2003)	2
HPER 4022 Skills & Techniques / Individual & Dual Activities (pre-req HPER 2003).....	2
HPER 4123 Organization & Administration of Physical Education (pre-req HPER 3172)	3
HPER electives (no activity courses)	10

Electives to \geq 124 hours