# Health & Physical Education (BS) Teaching Option

## General Education

A. **Language Arts**

- ENGL 1113 Freshman English I .......................... 3
- ENGL 1213 Freshman English II .......................... 3
- COMM 1113 Speech Communication ...................... 3

B. **Mathematics**

- MATH 1473 Math for Critical Thinking **OR**
- MATH 1513 College Algebra

C. **History and Political Science**

- POLS 1013 American Government ......................... 3
- HIST 1313 American History 1492-1877 **OR**
- HIST 1323 American History 1877-Present

D. **Natural Science**

- BIOL 1304 Principles of Biology .......................... 4
- Physical Science Elective (with a lab) ...................... 4

E. **Social and Behavioral Sciences**

- *PSYC 2123 Psychology of Personal Adjustment...... 3
- Economics Elective ........................................ 3

F. **Humanities**

*Choose 6 hours from the following areas: philosophy, humanities, music appreciation, art appreciation, literature, intro. to theater, world history, music history, world religion, others as approved by VPAA.*

(Must include course work from two areas—No activity courses will count)

G. **Additional Liberal Arts & Science Elective**

H. **Freshman Orientation**

- EDUC 1111 Student Success Seminar ...................... 1

## Co-Requisites for Education

- EDUC 2222 Communication Skills for Educators ....... 2
- EDUC 2233 Diversity in Education ....................... 3
- EDUC 2323 Reading in the Content Area .................. 3

*Required for HPER majors.*
HPER (Teaching Option) Course work

BIOL 2104 Human Anatomy ................................................................. 4
HPER 2003 Introduction to Mgmt. & Instruction in Physical Activities .......... 3
HPER 2102 First Aid ............................................................................... 2
HPER 2122 Care & Prevention of Athletic Injuries (pre-req HPER 2102) ..... 2
HPER 2212 School & Community Health Programs ............................. 2
HPER 2222 Personal Health & Drug Awareness ..................................... 2
HPER 2253 Foundations of Physical Education .................................... 3
HPER 3162 Evaluations of Physical Activities (pre-req HPER 2122) ....... 2
HPER 3172 Adaptive and therapeutic Physical Education (pre-req HPER 2122) ... 2
HPER 3262 Kinesiology (pre-req HPER 3162 & BIOL 3124) ................. 2
HPER 3693 Physiology of Exercise (pre-req HPER 3262) .................... 3
HPER 4012 Skills & Techniques / Team Activities (pre-req HPER 2003) .... 2
HPER 4022 Skills & Techniques / Individual & Dual Activities (pre-req HPER 2003) .... 2
*HPER 4032 Methods & Materials / Elementary PE ............................ 2
*HPER 4042 Methods & Materials / Secondary PE .............................. 2
HPER 4123 Organization & Administration of Physical Education (pre-req HPER 3172) 3
HPER electives (no activity courses) (BIOL 1123 Nutrition is strongly advised) .... 6

Professional Education

EDUC 2001 Education Seminar ............................................................. 1
EDUC 2113 Foundations of Education ................................................. 3
EDUC 3213 Human Development: Child and Adolescent Psychology .... 3
*EDUC 3223 Education of the Exceptional Child .................................. 3
*EDUC 4313 Educational Psychology ................................................... 3
*EDUC 4333 Educational Technology .................................................. 3
*EDUC 4533 Secondary Classroom Management and Assessment ......... 3

*Restricted Classes—Must Be Admitted To Teacher Education Prior to Enrolling.

**EDUC 4750 Student Teaching in Elementary / Secondary Schools .......... 12

**Restricted Classes—Must Be Admitted To Professional Semester Prior to Enrolling.
### HPER--TEACHING OPTION

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<tr>
<th>GENERAL EDUCATION</th>
<th>41 hrs</th>
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<th>MAJOR</th>
<th>44 hrs.</th>
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<td><strong>A. Communications</strong></td>
<td>9</td>
<td>Taken Hrs</td>
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<td><strong>REQUIRED</strong></td>
<td>38 hrs.</td>
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<td>ENGL 1113 -- Freshman Comp.</td>
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<td>BIO 2304 Human Anatomy</td>
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<td>HPER 2003 Intro. to Mgmt. and Instruction in Physical Act.</td>
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<td>SPCH 1113 -- Speech Comm.</td>
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<td>HPER 2102 First Aid</td>
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<td><strong>B. Mathematics</strong></td>
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<td>MATH 1513 -- College Algebra OR</td>
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<td>HPER 2122 Care &amp; Prevent. of Ath. Inj. (pre-req--HPER 2102)</td>
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<td>MATH 1473 Math for Critical Thinking</td>
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<td>HPER 2212 School &amp; Community Health Prog.</td>
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<td><strong>C. History &amp; Government</strong></td>
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<td>HISTORY</td>
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<td>HIST 1313 Early US History OR</td>
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<td>HPER 2253 Foundations of Physical Educ.</td>
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<td>BIOL 1304 Principles of Biology</td>
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**Electives** (to have Degree ≥ 124)

**Professionals Educ.**

EDUC 2001 Education Seminar
EDUC 2113 Introduction to Education
EDUC 3213 Human Devel.: Child & Adolescence
*EDUC 3223 Education of the Exceptional Child
*EDUC 4313 Educational Psychology
*EDUC 4333 Educational Technology
*EDUC 4533 Sec. Classroom Mgmt. & Assmt.
**EDUC 4750 Student Teach. - Elem./Sec. Sch. (12)

**Notes:**

**Restricted Class--Must be Admitted to Professional Semester**

*Foreign Language Competency Met:
  - Sem:
  - How: