

# Health & Physical Education (BS) Teaching Option

## General Education.....41

### **A. Language Arts** .....9

ENGL 1113 Freshman English I..... 3

ENGL 1213 Freshman English II ..... 3

COMM 1113 Speech Communication..... 3

### **B. Mathematics** .....3

MATH 1473 Math for Critical Thinking **OR**

MATH 1513 College Algebra

### **C. History and Political Science**.....6

POLS 1013 American Government ..... 3

HIST 1313 American History 1492-1877 **OR**

HIST 1323 American History 1877-Present

### **D. Natural Science**.....8

BIOL 1304 Principles of Biology .....4

Physical Science Elective (with a lab).....4

### **E. Social and Behavioral Sciences**.....6

\*PSYC 2123 Psychology of Personal Adjustment..... 3

Economics Elective ..... 3

### **F. Humanities** .....6

\*Choose 6 hours from the following areas: philosophy, humanities,  
music appreciation, art appreciation, literature, intro. to theater, world  
history, music history, world religion, others as approved by VPAA.  
(Must include course work from two areas--No activity courses will count)

### **G. Additional Liberal Arts & Science Elective**.....2

### **H. Freshman Orientation**.....1

EDUC 1111 Student Success Seminar ..... 1

## Co-Requisites for Education.....8

EDUC 2222 Communication Skills for Educators .....2

EDUC 2233 Diversity in Education.....3

EDUC 2323 Reading in the Content Area.....3

**\*Required for HPER majors.**

**HPER (Teaching Option) Course work.....44**

BIOL 2104 Human Anatomy ..... 4  
HPER 2003 Introduction to Mgmt. & Instruction in Physical Activities..... 3  
HPER 2102 First Aid ..... 2  
HPER 2122 Care & Prevention of Athletic Injuries (pre-req HPER 2102) ..... 2  
HPER 2212 School & Community Health Programs..... 2  
HPER 2222 Personal Health & Drug Awareness..... 2  
HPER 2253 Foundations of Physical Education ..... 3  
HPER 3162 Evaluations of Physical Activities (pre-req HPER 2122) ..... 2  
HPER 3172 Adaptive and therapeutic Physical Education (pre-req HPER 2122)..... 2  
HPER 3262 Kinesiology (pre-req HPER 3162 & BIOL 3124)..... 2  
HPER 3693 Physiology of Exercise (pre-req HPER 3262) ..... 3  
HPER 4012 Skills & Techniques / Team Activities (pre-req HPER 2003) ..... 2  
HPER 4022 Skills & Techniques / Individual & Dual Activities (pre-req HPER 2003)..... 2  
\*HPER 4032 Methods & Materials / Elementary PE..... 2  
\*HPER 4042 Methods & Materials / Secondary PE ..... 2  
HPER 4123 Organization & Administration of Physical Education (pre-req HPER 3172) 3  
HPER electives (no activity courses) (BIOL 1123 Nutrition is strongly advised) ..... 6

**Professional Education ..... 31**

EDUC 2001 Education Seminar ..... 1  
EDUC 2113 Foundations of Education ..... 3  
EDUC 3213 Human Development: Child and Adolescent Psychology..... 3  
\*EDUC 3223 Education of the Exceptional Child ..... 3  
\*EDUC 4313 Educational Psychology..... 3  
\*EDUC 4333 Educational Technology ..... 3  
\*EDUC 4533 Secondary Classroom Management and Assessment ..... 3

**\*Restricted Classes—Must Be Admitted To Teacher Education Prior to Enrolling.**

\*\*EDUC 4750 Student Teaching in Elementary / Secondary Schools ..... 12

**\*\*Restricted Classes—Must Be Admitted To Professional Semester Prior to Enrolling.**

**HPER--TEACHING OPTION**

**Last Name**  
**First Name**  
**I.D. / SS#**

Today's Date

<b>GENERAL EDUCATION</b>	<b>41 hrs</b>	When	Letter	Taker	Hrs	Grade	Substitutions
<b>A. Communications</b>	<b>9</b>						
ENGL 1113 -- Freshman Comp.							
ENGL 1213 -- Freshman Comp.							
SPCH 1113 -- Speech Comm.							
<b>B. Mathematics</b>	<b>3</b>						
MATH 1513 -- College Algebra OR							
MATH 1473 Math for Critical Thinking							
<b>C. History &amp; Government</b>	<b>6</b>						
HISTORY							
HIST 1313 Early US History OR							
HIST 1323 Late US History							
POSC 1013 -- American Government							
<b>D. Science</b>	<b>8</b>						
BIOL 1304 Principles of Biology							
Physical Science (w/lab)							
<b>E. Social/Behavioral Sci.</b>	<b>6</b>						
ECON							
PSYC 2123 Psych. of Per. Adj.							
<b>F. Humanities</b>	<b>6</b>						
<b>G. Additional Liberal Arts</b>	<b>2</b>						
<b>H. Freshman Orientation</b>	<b>1</b>						
EDUC 1111 Stud. Suc. Sem.							

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**Gen. Ed. GPA #DIV/0!**

<b>Co-Requisites for Educ.</b>	<b>8 hrs.</b>	When	Letter	Taker	Hrs	Grade	Substitutions
EDUC 2222 Comm. Skills for Educators							
EDUC 2233 Diversity in Education							
EDUC 2323 Reading in Content Area							

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<b>ELECTIVES ( to have Degree ≥ 124 )</b>	When	Letter	Taker	Hrs	Grade	Substitutions

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<b>MAJOR REQUIRED</b>	<b>38 hrs.</b>	When	Letter	Taken	Hrs	Grade	Substitutions
BIOL 2304 Human Anatomy							
HPER 2003 Intro. to Mgmt. and Instruction in Physical Act.							
HPER 2102 First Aid							
HPER 2122 Care & Prevent. of Ath. Inj. (pre-req--HPER 2102)							
HPER 2212 School & Community Health Prog.							
HPER 2222 Personal Health & Drug Awareness							
HPER 2253 Foundations of Physical Educ.							
HPER 3162 Eval. of Physical Activities (pre-req HPER 2122)							
HPER 3172 Adap. and Theraputic PE (pre req HPER 2122)							
HPER 3262 Kinesiology (pre req HPER 3162 and BIOL 3124)							
HPER 3693 Physiology of Exercise (pre req HPER 3262)							
HPER 4012 Skill & Tech. Team Act. (pre req HPER 2003)							
HPER 4022 Skill & Tech. Ind. & Dual (pre req HPER 2003)							
*HPER 4032 M/M Elementary PE							
*HPER 4042 M/M Secondary PE							
HPER 4123 Org. & Admin. of HPER (pre req HPER 3172)							
<b>ELECTIVES</b>	<b>6 hrs.</b>						
HPER 3012 Fund. & Coach. Football							
HPER 3022 Fund. & Coach. Basketball							
HPER 3032 Fund. & Coach. Baseball & Softball							
HPER 3042 Officiating							
HPER 3052 Fund. & Coach. Track & Field							
HPER 3062 Fund. & Coach. Volleyball							
HPER 4103 Sports Info. Mgmt.							

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**Major GPA #DIV/0!**

<b>PROFESSIONAL EDUC.</b>	When	Letter	Taken	Hrs	Grade	Substitutions
EDUC 2001 Education Seminar						
EDUC 2113 Introduction to Education						
EDUC 3213 Human Devel.: Child & Adol. Psy.						
*EDUC 3223 Education of the Except. Child						
*EDUC 4313 Educational Psychology						
*EDUC 4333 Educational Technology						
*EDUC 4533 Sec. Classroom Mgmt. & Assmt.						
**EDUC 4750 Student Teach. - Elem./Sec. Sch. (12)						

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**Prof. Ed GPA #DIV/0!**

NOTES:

\*\* Restricted Class--Must be Admitted to Professional Semester

Foreign Language Competency Met:

Sem:

How: